



# SAINT MARY'S HIGH SCHOOL

51 Clapham Avenue, Manhasset, NY 11030

## SCHOOL PHYSICAL FORM

Entering Grade: 9 10 11 12  
(Circle One)

Male  Female

Student's Last Name \_\_\_\_\_ First \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

Father's Name \_\_\_\_\_ Business Phone \_\_\_\_\_ Mother's Name \_\_\_\_\_ Business Phone \_\_\_\_\_

Does this child have any pre-existing condition(s) (i.e. Asthma, Allergies, Diabetes, Hypertension)?  Yes  No  Other

If yes, please specify: \_\_\_\_\_

Is this child taking any medication including vitamins, prescription and non-prescription drugs?  Yes  No List any and/or all medications:

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**Allergies:**

<input type="checkbox"/> Life Threatening:		<input type="checkbox"/> Seasonal:	
<input type="checkbox"/> Food:		<input type="checkbox"/> Medication:	
<input type="checkbox"/> Insect:		<input type="checkbox"/> Other:	

Sickle Cell Screen:  Positive  Negative  Not Done Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

<p><b>Body Mass Index:</b> _____</p> <p>Weight Status Category (BMI Percentile):</p> <p><input type="checkbox"/> less than 5<sup>th</sup>      <input type="checkbox"/> 85<sup>th</sup> through 94<sup>th</sup></p> <p><input type="checkbox"/> 5<sup>th</sup> through 49<sup>th</sup>    <input type="checkbox"/> 95<sup>th</sup> through 98<sup>th</sup></p> <p><input type="checkbox"/> 50<sup>th</sup> through 84<sup>th</sup>    <input type="checkbox"/> 99<sup>th</sup> and higher</p>	<b>Vision</b>	<b>Right Eye</b>	<b>Left Eye</b>
	W/O Glasses/Contacts		
	With Glasses/Contacts		
	<b>Hearing</b>		<b>Right Ear</b>
	Pass 20 Ds Sc		<b>Left Ear</b>
<p>Blood Pressure _____</p> <p>Heart Rate _____</p> <p>Hernia _____</p> <p>Lungs _____</p>	<p>Lymph Nodes _____</p> <p>Thyroid _____</p> <p>Orthopedic: Scoliosis _____</p>	<p><b>Urinalysis: Alb</b> _____ <b>Sugar:</b> _____</p> <p>Other: _____</p> <p>Do you approve this student for Interscholastic sports? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If no, please explain on reverse side</p>	

Physician's Signature \_\_\_\_\_

Date of Exam \_\_\_\_\_

**Affix Physician's Office Stamp**



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## **PARENT & PRESCRIBER'S AUTHORIZATION FOR ADMINISTRATION OF MEDICATION IN SCHOOL**

### **A. To Be Completed by the Parent/Guardian:**

I request that my child, \_\_\_\_\_ grade \_\_\_\_\_ receive the medication as prescribed below by our licensed health care provider. The medication is to be furnished by me in the properly labeled original container from the pharmacy. I understand that the school nurse or the duly designated person in the case of the absence of the school nurse will administer the medication.

\_\_\_\_\_  
Signature of Parent/Guardian

### **B. To be completed by the Licensed Health Care Prescriber:**

I request that my patient, as listed below, receive the following medication when necessary at school:

Name of Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. Diagnosis: \_\_\_\_\_ ICD-9 code \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Route: \_\_\_\_\_ Frequency: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

2. Diagnosis: \_\_\_\_\_ ICD-9 code \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Route: \_\_\_\_\_ Frequency: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

3. Diagnosis: \_\_\_\_\_ ICD-9 code \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_

Route: \_\_\_\_\_ Frequency: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

\_\_\_\_\_  
**Name of Licensed Prescriber** (please print) **Title**

\_\_\_\_\_  
**Prescriber's Signature** **Date**

\_\_\_\_\_  
**Address** (\_\_\_\_\_) **Telephone Number**



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## SELF-ADMINISTRATION OF MEDICATION AUTHORIZATION

**Directions for the Health Care Provider:** An attestation is needed for a student to independently carry and use their medication as required by NYS law. A **provider's order** and **parent/guardian permission** is needed in order for a student to carry and use medications that require rapid administration to prevent negative health outcomes. These medications should be identified by checking the appropriate boxes below.\*\* **The nurse is available on school grounds from 7:45 a.m.- 2:45 p.m. The nurse needs to be made aware of medication use and response.**

Student's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

### Health Care Provider Permission for Independent Use and Carry

I attest that this student has demonstrated to me that they can self-administer the medication(s) listed below safely and effectively, and may carry and use this medication (with a delivery device if needed) independently at any school/school sponsored activity with no supervision by school staff. This order applies to the medications checked below:

- Allergy and requires Epinephrine Auto-Injector
- Asthma or Respiratory condition and requires Inhaled Respiratory Rescue Medication
- Diabetes and requires Insulin/Glucagon/Diabetes Supplies

This requires rapid administration of \_\_\_\_\_  
(Name of Medication)

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### Parent's / Guardian's Permission for Independent Use and Carry

I request that my child, \_\_\_\_\_ be permitted to carry the above prescribed medication(s) on his/her person, locker, or PE locker.\*\* **Parents need to speak to the faculty in charge of clubs, drama, field trips and after-school activities regarding their child's medication as nurses are not available.** The student has been instructed in and understands the purpose, appropriate method, frequency and use of the medication(s). The student understands that they are responsible and accountable for carrying and using their medication(s). I agree that my child can use his/her medication effectively and may carry and use this medication independently at any school/school sponsored activity.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The licensed prescriber's statement and parent request are accepted. The student will be permitted to carry and use the prescribed medication(s). The parents/guardian will be contacted as soon as possible in the event of irresponsible behavior or safety risk.

School Nurse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent and M.D. (physician) must fill in and sign both medication sheets.**